



Growing
FAITH
at home

2 February 2020

FOURTH SUNDAY AFTER EPIPHANY

Jesus teaches us about the
ways of God.

Devotions



Daily Bible Readings

S	Matthew 5:1-12	The sermon on the mount
M	Micah 6:1-8	What God wants from you
T	Isaiah 51:12-16	Our God of comfort
W	Jeremiah 22:1-5, 15-16	Do what is just and right
T	Matthew 9:10-13	Jesus speaks of mercy
F	1 Corinthians 1:18-31	God's power and wisdom
S	Psalms 15	Living on God's holy hill
S	Matthew 5:13-20	Salt and light

Discuss the bible reading. What word or phrase was important to you as you read these verses?

Rituals and Traditions



PRAYER

God, help us to
live in peace with
one another, and
to bring peace
where there is
trouble. Amen.

BLESSING

May God
make your
life a great
blessing to
others.

Caring Conversations

Share your
highs and lows
of the day,
or respond to
the following
questions:

1

Is there a teacher
you admire or
respect? What
have you learnt
from them?

2

One day Jesus
taught his
followers up
on a mountain
(Matthew 5:1-
11). He said
that God blesses
those who are
humble, those
who stand up
for what is good
and right, those
who are forgiving,
and those who
work for peace.
Share some real-
life examples of
these behaviours
with one another.

Sundays after Epiphany

GREEN is a sign of life and nature and as such
represents growth, life and hope.

Creative Response

Matthew 5:3-11 speaks of blessings.
A wonderful ritual to practise
regularly in your home is that of
blessing one another.

When we bless another person we are calling
upon God to show his goodness and kindness to
them, as well as demonstrating our own care and
concern for them. There are three basic elements
to a personal blessing – God's name, words
and touch (e.g. a hand on a shoulder, or making
the sign of the cross on their forehead or palm).
Good times for using blessings in a home are
mealtimes, bedtimes and at daily farewells (e.g.
when children leave for school or parents leave
for work).

Use this week's blessing for each member
of your household and experiment with the
practice throughout the week.

mealtime prayer

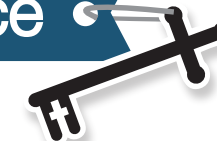
God, you have blessed us with daily bread.
Bless us also with gratitude, generosity and
compassion for others. Amen.

verse for the week

The Lord has
told you what he
wants from you: to
do what is right
to other people,
love being kind to
others, and live
humbly, obeying
your God.

MICAH 6:8

Service



The prophet Micah
told God's people that
he wanted them to
worship him not only
with their words but
with their actions – he
wanted them to show
kindness and mercy
to others and to treat
them in good and
right ways. Decide on
a 'Micah' challenge
you can take on as a
household to bless your
community this month.