

9 February 2020

FIFTH SUNDAY AFTER EPIPHANY

Jesus calls us to live as salt and as light for him.

Devotions •



Daily Bible Readings

S	Matthew 5:13-20	Salt and light
М	Isaiah 58:1-9a	True fasting
Т	Mark 9:42-50	Have salt in yourselves
W	1 Corinthians 2:1-12	God's wisdom revealed
Т	Ephesians 5:3-14	You are light in the Lord
F	1 Thessalonians 5:5-11	You are children of the light
S	Psalm 112:1-9	The righteous won't be shaken
S	Matthew 5:21-37	Teachings of Jesus

Discuss the bible reading. What word or phrase was important to you as you read these verses?

Rituals and Traditions

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share your

highs and lows

of the day,

or respond to

the following

avestions:

What is your favourite salty food?



Jesus calls his followers the 'salt of the earth' (Matthew 5:13). What do you think he means by this?



PRAYER

Lord Jesus, help us to be your salt today, flavouring the world around us with your love and truth. Amen. BLESSING

May God's
love shine
through you,
so that others
see him.

sundays after Epiphany

GREEN is a sign of life and nature and as such represents growth, life and hope.

Creative Response

Find a candle for each member of your household. Finish your mealtimes this week with a brief candle lighting ritual. Light one another's candles.

As each person's candle is lit, have other household members say to them this week's blessing "May God's love shine through you, so that others see him. Amen."







mealtime prayer

Jesus our Light, may we shine for you, with love so bright. Amen.

verse for the week

Make your light
shine, so that
others will see the
good that you do
and will praise
your Father in

MATTHEW 5:16

heaven.



In I Corinthians 2:3
the apostle Paul says
that when he first
visited the Christians
in Corinth he came
in "weakness and
fear, and with much
trembling."

Pastors and other church workers may seem composed on the outside, but often they feel inadequate in their work. Write a note of encouragement to your pastor or a staff member of your church. Let them know that you appreciate them and that God is using them as a light in your lives.

